

## **CARDIOLOGY: TRANSESOPHAGEAL ECHOGARDIOGRAPH (TEE)**

### **PATIENT PREPARATION**

- If your procedure is scheduled in the morning (before Noon) do not eat or drink anything after midnight the day before the procedure.
- If your procedure is scheduled in the afternoon you may have clear liquids, no milk products, before 8:30 am.
- If you are a diabetic or on a special diet, you should check with your doctor about how to adjust your insulin and/or diet.
- Take your morning medications with a sip of water before coming to the hospital
- You **MUST** have someone with you capable of driving you home following the procedure.

### **After the Procedure:**

- Do not eat or drink until the numbness in your throat is completely gone, usually at least 2 hours.
- Do not drive, drink alcohol, operate any dangerous equipment for the next 16 hours until all the effects of the medication have worn off.
- You may experience a minor sore throat and discomfort in swallowing after the exam. If the soreness lasts longer than 24 hours, please notify your doctor.
- If you develop fever, chills, chest pain, bleeding, vomiting or any other symptoms report this immediately to your doctor.