



Community Health Needs Assessment

2016

MISSION VISION VALUES

Mission:

To provide the highest quality health care in a patient-focused environment in the most cost effective manner.

Vision

To become a leader in the health care community.

Values:

Professionalism – We deliver high quality care by being experts in the field.

Attitude – We foster a positive and uplifting environment for our patients and each other.

Teamwork – We work together to overcome obstacles and achieve success.

Integrity – We take pride in upholding the highest standards, both morally and professionally.

Excellence – We commit to providing every patient with an exceptional health care experience.

Nurturing – We show compassion and give comfort to each and every patient.

Trust – We have faith in each other so patients can place confidence in us.



TABLE OF CONTENTS

Executive Summary	
Executive Summary	1
Methodology	
Methodology	2
Community Description	
Geographic Area Defined	4
Demographics	
Community Resource List	
Comparison Community	
Comparison Community	17
Data Aggregation	
Behavioral Risk Factors	19
County Health Rankings	26
Community Health Status Indicators	27
Surveys/Interviews	29
Results	
Findings, Indicators and Recommendations	30
Appendices	
Graph 15. U.S. Census – 2015 Population Estimate	32
Graph16. U.S. Census – Land Area	32
Graph 17. U.S. Census – Persons per Square Mile	33
Graph 18. U.S. Census – Persons under 18 years	33
Graph 19. U.S. Census – Persons 65 years and over	34
Graph 20. U.S. Census – Race	34
Graph 21. U.S. Census – Ethnicity	35
Graph 22. U.S. Census – High School Graduate or Higher	35
Graph 23. U.S. Census – Bachelor's degree or Higher	36
Graph 24. U.S. Census – Median household income	36
Granh 25 II S Census – Persons helow noverty level	27

Executive Summary

On March 23, 2010, the Patient Protection and Affordable Care Act (ACA) was signed into law and created new requirements for not-for-profit hospitals including a requirement for a Community Health Needs Assessment (CHNA) to be completed every three years. This report was prepared by Alabama Quality Assurance Foundation (AQAF) in conjunction with The University of Alabama of Birmingham Health System to meet the CHNA requirement for The University of Alabama at Birmingham (UAB) Hospital for fiscal year 2015-2016. AQAF is the Quality Improvement Organization (QIO) for the state of Alabama and has more than three decades of experience in identifying and addressing community health needs.

To prepare this CHNA report, data were gathered from a variety of sources in an effort to construct a comprehensive, current and accurate snapshot of the health issues in Jefferson County, Alabama.

Data were obtained from multiple public data bases and opinions were solicited from public health experts and community leaders within the community served by UAB Hospital. This information was summarized for final consideration by a CHNA team consisting of hospital and system personnel, as well as community members. This team prioritized the community health needs as follows:

- 1. Diabetes Education
- 2. Obesity
- 3. Access

An implementation strategy that will address each of these issues is currently in development. The strategy will seek to leverage valuable partnerships that currently exist, identify novel opportunities for synergy and maximize legacy programs while deploying specific interventions within the community. The outcomes and results of these interventions will be followed and reexamined in preparation for the next CHNA scheduled for completion no later than Fall 2019.



Methodology

The needs assessment process was initiated by assembling an internal team responsible for shepherding the entire project. The internal team was comprised of representatives from hospital management, outreach services, strategic planning, and AQAF. This team met initially to review the requirements of the CHNA as established by the ACA and further defined by IRS Notice 2011-52, and to establish the roles and responsibilities for the team members. These decisions were memorialized in a project plan and incorporated into a project dashboard. A secure, web-based portal was established to provide reliable communication among the team members and ready access to the project plan and dashboard. With the infrastructure created and the purpose and scope of the project identified, the team set about its primary task of gathering data.

The first step in the data gathering process was to obtain several de-identified data sets from the hospital. The initial task was to obtain zip code specific discharges for up to three years. These data sets were then analyzed to compile zip code maps defining the hospital's service area. Additional data sets were requested from the hospital including admission data stratified by age, race, ethnicity, payer mix, and discharge diagnoses. With the service area of the hospital determined, a best fit county was selected for data collection from secondary (public) sources and for the purposes of comparison. Secondary sources utilized for this report include:

- Behavioral Risk Factor Surveillance Survey
- Youth Risk Factor Behavior Surveillance Survey
- Alabama Department of Public Health, Center for Health Statistics
- Alabama Department of Public Health, Cancer Registry
- Georgia Department of Public Health
- U.S. Census Bureau
- U.S. Bureau of Labor Statistics
- County Health Rankings and Roadmaps
- Community Health Status Indicators

The second step was to gather information from various representatives of the community. The CHNA team met to establish a list of key informants that included individuals with public health expertise, state and local officials, and community leaders. Topic areas and interview questions from the previous CHNA were reviewed to determine the appropriateness of utilizing for this CHNA. The topic areas were then used to develop survey and interview tools that were utilized in discussions and interviews with their identified key informants. The results of these surveys and interviews were then compiled.

Distillation of these data into a prioritized list was the final step of the Community Health Needs Assessment. The CHNA Oversight Committee met to complete this final task. AQAF staff presented the data collected. The Oversight Committee members then established the agreed upon top 3 health care priorities for their community. The information presented to the CHNA Oversight Committee and the final prioritized list of health care needs are summarized in this report and will also be displayed on UAB Medical West website.



MISSION:

To provide the highest quality

health care in a patient-focused

environment in the most

cost effective manner.

Community Description

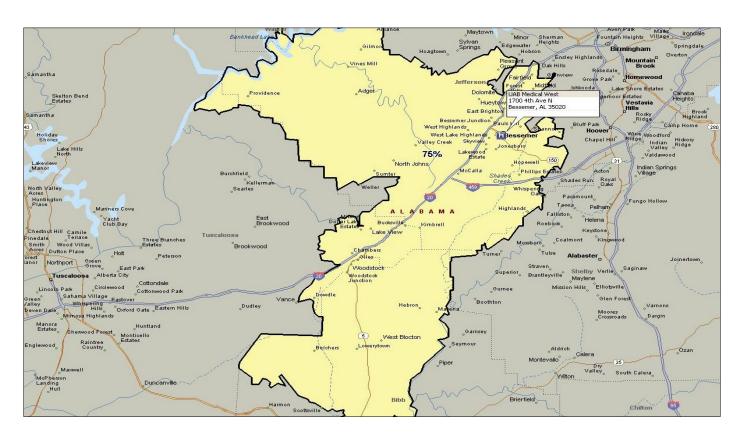
Geographic Area Defined

The Medical West Community is defined using the 10 zip codes derived from 72% of the hospital's inpatient discharges. The zip codes encompass the entire county of Jefferson and small portions of Bibb County. Over 80% of these zip codes are in Jefferson County. For the purpose of this study, the Medical West community will be defined as Jefferson County or Jefferson County and all contiguous counties. Zip codes are listed in descending order from highest concentration of discharges to lower concentration of discharges. The zip codes are as follows:

35020	35111	35127	35188
35023	35184	35006	
35022	35228	35064	

The county has a total area of 1,122.3 square miles. Of which, 1,111 square miles are land and 11.2 square miles are water (Graph 16). Birmingham is the county seat for Jefferson County. The neighboring counties are Bibb, Blount, St. Clair, Shelby, Tuscaloosa, and Walker. Birmingham is the state's largest city and the county seat. There are 34 additional municipalities located within Jefferson County. The City of Bessemer and Medical West are approximately 15 miles from Birmingham. Jefferson County is 89% urban and 11% rural. Due to its location in the north central part of the state and the foothills of the Appalachian Mountains, the county is characterized by rolling hills and valleys.

Illustration 1. . UAB Medical West Service Area



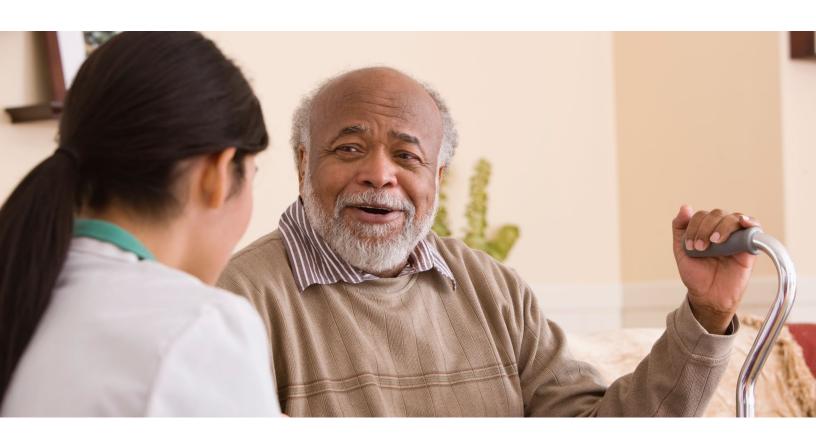
Demographics

Population

Located in central Alabama, Jefferson County is a mix of urban, suburban, and rural environments. It is the largest county in the state in both land mass and population. There are 67 communities within the county, 34 of which are incorporated municipalities. According to the U. S. Census Bureau, the most recent population estimate for Jefferson County is 660,793 (Table 1). The dominant language is English, with 5.9% speaking another language in the home.

Race/Ethnicity

The population of Jefferson County is 54.0% white, 42.9% black, and 3.1% other (Graph 20). The U.S. Census Bureau considers Hispanic/Latino heritage as an ethnicity and not a race. Of Jefferson County residents responding to the most recent census, 3.8% consider themselves to be of Hispanic/Latino origin. Persons of Hispanics/Latino origin may be of any race, and are included in the applicable race categories above. The Hispanic/Latino population of Jefferson County is equal to the state average of 4.1%



Education

Of Jefferson County's 660,793 residents, 23.1% (152,643) are under 18 years old (Graph 18) and are served by 12 school systems. There are 11 city systems and one run by the Jefferson County Board of Education. This county system is Alabama's second largest school district with 56 schools, 2,500 teachers, and 36,000 students. The system offers a multitude of academic, career technical and extracurricular opportunities for students. The Birmingham City School System serves students in the City of Birmingham with 43 schools, 18 elementary schools, eight middle schools, 10 K-8 schools, and seven high schools. There are 115 private schools offering Pre-K- 8 and 39 offering grades 9-12. Of the county's residents, 87.7% graduated from High School (Graph 22).

Jefferson County offers many post-secondary education opportunities. The University of Alabama at Birmingham, Birmingham Southern College, and Samford University provide the area with major colleges of medicine, dentistry, optometry, pharmacy, law, engineering, and nursing. Of the county's residents, 30.3% hold a Bachelor's degree or higher (Graph 23). Birmingham has been the home of The University of Alabama at Birmngham School of Medicine since 1947. Birmingham is also home to three of the state's five law schools.





Employment

Jefferson County is an economic catalyst for the state. Not only does it have many companies and organizations with a large employment base, but it is a hub for medical care. The University of Alabama at Birmingham has an extensive health care complex and is the largest employer in the county and the second largest in the state. UAB provides one of every 33 jobs in the state with an annual economic impact of more than 5 billion dollars.

The Per Capita Income of a Jefferson County resident is \$26,896, Median Family Income \$45,239 (Graph 24). The percentage of residents living below the poverty level is 19.5% (Graph 25). Unemployment rates for the county are 6.0% which is slightly less than the state's 6.2%. In April 2014, the Birmingham Business Alliance lists the largest employers in Jefferson County as follows:

TOP TEN EMPLOYERS

- 1. University of Alabama at Birmingham (23,000)
- 2. Regions Financial Cooperation (7,668)
- 3. AT&T (5,750)
- 4. St. Vincent's Health System (4,644)
- 5. Children's Health System (4,497)
- 6. Blue Cross Blue Shield of Alabama (4,000)
- 7. Alabama Power Company (3,982)
- 8. Baptist Health System (3,200)
- 9. BBVA Compass (2,606)
- 10. American Cast Iron Pipe Company (2,400)

UAB Health System is the largest healthcare provider in the state. Blue Cross Blue Shield of Alabama is the major health insurance carrier in the state with corporate headquarters in Birmingham. In addition to Regions, the other major financial institutions in the area are BBVA/Compass and Wells Fargo. Honda Manufacturing and Mercedes-Benz, each with 4,000 employees, are located in adjacent counties which are within driving distance of Birmingham. U.S. Steel, American Cast Iron and Pipe, and Marshall Durbin are the major manufacturing employers. The City of Bessemer is located centrally between Birmingham and Tuscaloosa.

Largest Employers: City of Bessemer

- 1. UAB Medical West (1079)
- 2. Dollar General (720)
- 3. U.S. Pipe and Foundry Company (525)
- 4. Piggly Wiggly Distribution Center (450)
- 5. CVS/Caremark (432)





Roads and Transportation

The roadway system in Jefferson County provides residents and companies transportation access to all major cities in the southeast and throughout the United States. The 5 major interstates located throughout the county are I-20, I-22, I-59, I-65, and I-459. U.S. Highways 31 and 280 carry travelers through downtown Birmingham and over Red Mountain.

Public Transportation is limited in Jefferson County. The Birmingham-Jefferson County Transit Authority (BJCTA) operates public transportation for the county. Bus service runs regularly, along fixed routes, from the transportation center to multiple points in Birmingham, Bessemer, Center Point, Fairfield, Homewood, Midfield, Mountain Brook, Hoover, Tarrant and Vestavia Hills. The downtown natural gas trolley service is available for three routes through the City Center. Greyhound provides intercity bus transportation to cities across the United States. Current service area is 200 square miles with a demand population of 400,000.

The Birmingham Shuttlesworth International Airport is home to four major airlines and offers 100 daily flights to 23 cities throughout the US. In 2014, a \$201 million terminal upgrade was completed, replacing the 40 year old terminal and its concourses.





The Birmingham region has rail transportation for both passenger and freight. There are daily Amtrak stops connecting to most major cities in the U.S. Metropolitan Birmingham has three rail hubs: Norfolk Southern, CSX, and BSNF.

The State of Alabama contains an extensive waterway system. Port Birmingham is located in the western part of Jefferson County on the Warrior River. River service connects to the deep water Port of Mobile. It offers fleeting and shifting services and can store up to 40 barges. It also offers access to inland as well as international ports.

Weather/Air Quality

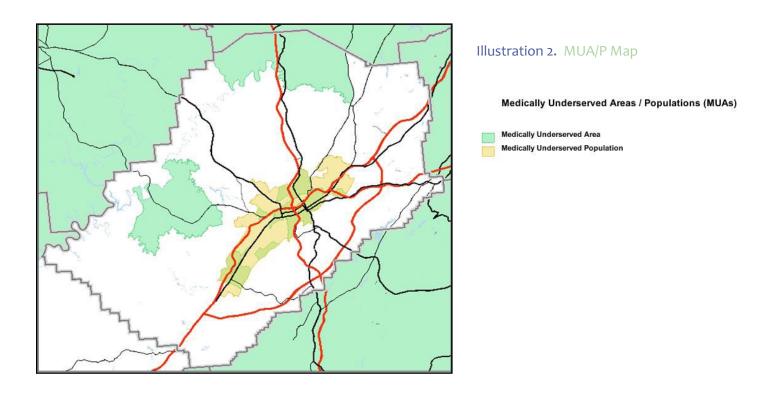
Jefferson County has a humid subtropical climate, characterized by hot summers, mild winters, and abundant rainfall. The spring and fall months are pleasant but variable as cold fronts frequently bring strong to severe thunderstorms and occasional tornadoes to the region. The fall season features less rainfall and fewer storms, as well as lower humidity than the spring, but it is also a secondary severe weather season. Birmingham is located in the heart of a Tornado Alley due to the frequency of tornadoes in Central Alabama. The state was hit by an EF4 tornado in 2011. In Jefferson County alone, 4,800 homes were significantly damaged or destroyed and 20 people were killed. The neighboring County of Tuscaloosa's death toll was 44. More recently, a tornado rated an EF2 touched down in Jefferson County on March 1, 2016, primarily damaging the Bessemer area. Thirty homes were damaged and four people were injured. In the late summer and fall months, the area experiences the results of occasional tropical storms and hurricanes due to its proximity to the Central Gulf Coast.

From the 1970s to the early 2000s, Jefferson County was classified at times as a nonattainment area for ground-level ozone and particle pollution by the Environmental Protection Agency (EPA). This occurs when pollution levels exceed federal limits. Through the cooperation of the community and other entities, Jefferson County has been designated as attainment area for the eight-hour ozone standard since 2012.



Health Care

Jefferson County residents are well served by an abundance of hospitals in the area. A small area of West Central Jefferson County is currently designated as a Medically Underserved Area Population (MUAP) according to criteria developed by the Department of Health and Human Services (see Illustration 2 below). This designation is based on an index of four variables; the ratio of primary care physicians per 1,000 populations, the infant mortality rate, population living below the poverty line, and population over the age of 65. Jefferson County is considered a Health Professional Shortage Area (HPSA) for low-income residents in areas of primary care, dental care, and mental health care. Low income residents of Jefferson County are able to utilize the county's charity healthcare system, Cooper Green Mercy Hospital. Due to financial concerns, the inpatient services were discontinued in late 2012, but the facility continues to provide chronic and urgent care to those in need of free or subsidized healthcare. Although many in the community have the needed healthcare services, Medical West is committed to providing the residents of Jefferson County the highest quality of care, while treating every patient with the utmost compassion and respect.





MEDICAL WEST

Medical West provides basic, primary care through inpatient care, ancillary services, clinics and specialty clinics to residents of an urban community. The hospital is located at 995 9th Avenue South West Bessemer, Alabama 35022.

INPATIENT SERVICES

- 310 Inpatient Beds
 - o Intensive Care Unit (18 beds)
 - o Geriatric Psychiatric Unit (25 beds)
- 24-hour Emergency Department (44,000 visits per year)
 - o 21 beds
 - o Level 3 Trauma Center
 - o Heliport
- 24-hour Freestanding Emergency Department (18,000 visits per year)
 - o Located in Hoover, AL
 - o 14 beds
 - o Level 3 Trauma Center
 - o Helipad

- Inpatient Rehabilitation Facility
 - o 19 beds
 - o All private rooms and bathrooms
 - o Occupational Therapy (OT)
 - o Physical Therapy (PT)
 - o Speech Therapy (ST)
- Telemetry Nursing Unit
- Surgery Department (10,000 cases per year)
- Women's Center



OUTPATIENT SERVICES

- Ambulatory Surgery Center
 - o 6 Operating rooms
 - o ENT
 - o General Surgery
 - o Gynecology
 - o Ophthalmology
 - o Orthopaedics
 - o Pain Management
 - o Urology
- Community Programs
 - o Senior Care Program
 - o Volunteer Program
 - o Alzheimer's Support Group
 - o Childbirth Classes
 - o Diabetic Education
 - o Grief Support Group
 - o TOUCH Support Group
 - o Scale-back Alabama
 - o Look Good Feel Better
- Health Centers
 - o Bessemer Clinic
 - o Live Well Family Medicine
 - o Jerry McLane Internal Medicine
 - o Cardiovascular Health Center
 - o OBGYN Health Center
 - o Medical West Orthopaedics
 - o Bessemer Health Center

- o Hueytown Health Center
- o Tannehill Health Center
- o Vance Health Center
- o Parkwest Health Center
- o Hoover Health Center
- Endoscopy/GI Lab
 - o 11 beds
 - o 4 procedure rooms
- Imaging Services
 - o CT Scan
 - o MRI
 - o Ultrasound
 - o Mammography
 - o Radiology
 - o Nuclear Medicine
 - o Vascular Lab
 - o Catheterization Lab
 - o Sleep Center
 - o Medical West Imaging Center
- Rehabilitation Services
 - o Physical Therapy (PT)
 - o Occupational Therapy (OT)
 - o Speech Therapy (ST)
- Sleep Disorders Center
- Advanced Wound Center
 - o Hyperbaric Oxygen Therapy
 - o Vacuum Assisted Closure



ADDITIONAL HOSPITALS IN JEFFERSON COUNTY

- Brookwood Medical Center
- Children's Hospital of Alabama
- Grandview Medical Center
- HealthSouth Lakeshore Rehabilitation Hospital
- Hill Crest Behavioral Health Services
- Princeton Baptist Medical Center
- St. Vincent's Health System
 - o St. Vincent's Birmingham
 - o St. Vincent's East

- The University of Alabama at Birmingham Hospital
 - o UAB Callahan Eye Hospital
 - o UAB Hospital Highlands
 - o Spain Rehabilitation Center
 - o Women & Infant Center
- Veterans Affairs Medical Center

ADDITIONAL HEALTHCARE SERVICES IN THE CITY OF BESSEMER

- Baptist Health Center Bessemer
- Bessemer Dialysis Center DaVita
- Middle Creek Medical Urgent Care
 - o Big Creek
 - o Little Creek
- The Bessemer Clinic



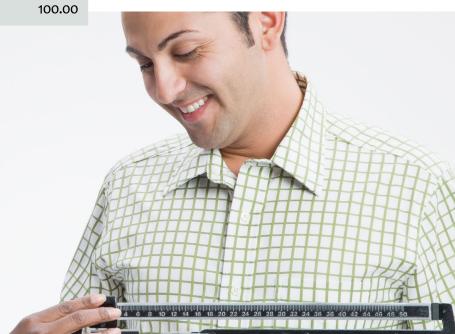


Patient data for Medical West for FY 2015 is detailed below and includes principal discharge diagnoses, payor source, and inpatient demographics.

Inpatient FV2045		
Inpatient FY2015		04
Principal Diagnosis	Cases	%
Septicemia Not Otherwise Specified	296	3.87
Single Liveborn, Born In Hospital, Delivered W/O C-Section	277	3.62
Rehabilitation Proc Nec	229	2.99
Pneumonia, Organism Not Otherwise Specified	180	2.35
Obstructive Chronic Bronchitis, With (Acute) Exacerbation	139	1.82
Single Liveborn, Born in Hospital, Delivered Cesarean	126	1.65
Acute Renal Failure, Unspecified	121	1.58
Sepsis, Unspecified Organism	112	1.46
Alzheimer's Disease	94	1.23
Acute Myocardial Infarction, Subendo Infarction, Initial Episode	86	1.12
Top Ten Total	1,660	22.0
Total	7,654	100.00

Payor Source FY2015				
Payor Cases %				
Medicare	2,089	27.29		
Medicaid	1,703	22.25		
Medicare HMO	1,234	16.12		
Blue Cross Blue Shield	1,053	13.76		
Self Pay	512	6.69		
Viva Medicare	472	6.17		
CO	317	4.14		
MGC	244	3.19		
CH	18	0.23		
Workers Comp	12	0.16		
Grand Total	7,654	100.00%		





Inpatient Race Distribution FY 2015			
Race	Volume	%	
Caucasian	4,465	58.34	
African American	2,868	37.47	
Hispanic	249	3.25	
Other	56	0.73	
Asian	9	0.12	
Native American	6	0.08	

Inpatient Age Distribution FY 2015			
Age	Volume	%	
<18	590	7.71	
18-24	416	5.44	
25-34	674	8.81	
35-44	583	7 . 62	
45-54	898	11.73	
55-65	1,376	17.98	
66-69	726	9.49	
>70	2,391	31.24	



Community Resource List

Alabama Legal Help

Aletheia House

Brother Bryan Mission

Cahaba Valley Health Care

- Dental Clinic
- Vision Clinic
- Catholic Center of Concern

Churches (702)

ClasTran Specialized Public Transportation

Community Kitchens of Birmingham

Children's Aid Society

Firehouse Shelter

Food Banks (25+)

Greater Birmingham Ministries

Hope House

Jefferson County Chamber of Commerce

Jefferson County Court and Family Services

Jefferson County Department of Rehabilitation

Services

Jefferson County Department of Health

- Health Center
 - o Bessemer
 - o Central
 - o Eastern
 - o Morris
 - o West End
 - o Western

- Specialty Clinics
 - o International Travel
 - o Sexually Transmitted Diseases
 - o Tuberculosis
 - o Tot Shots
- Community Health (CH)
 - o CH Nurses
 - Nutrition Education
 - o Tobacco Prevention and Control Program
- Jefferson County Department of Veterans Affairs
 - Birmingham Center
 - Clay Center
 - St. Benedict's Center

Jefferson County Sheriff Department

Jefferson County Senior Citizens Centers

Jessie's Place

Jimmy Hale Mission

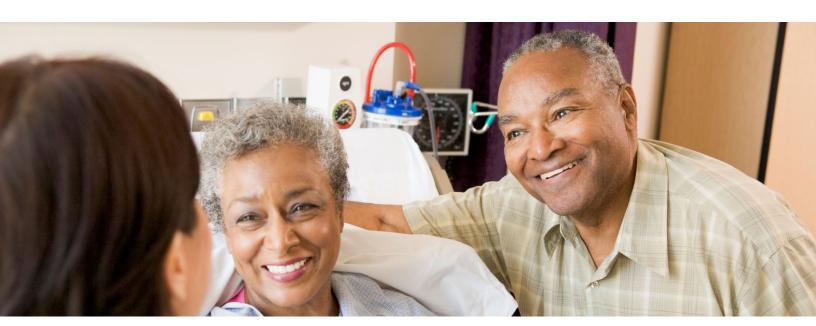
Parks and Recreation

- Public Parks(95+)
- Walking Trails (12+)
- Bike Trails (10+)

Salvation Army

The Foundry Rescue Mission and Recovery Center

The Lighthouse for Recovery Ministries



COMPARISON COMMUNITY

Comparison Community - Fulton County, Georgia

In an effort to measure how the Medical West's community of Jefferson County compared to a peer county, the U.S. Department of Health & Human Services 2015 Community Health Status Indicators (CHSI) report was utilized. CHSI uses population size, poverty level, age distribution, population density and other demographic data to establish comparison communities across the United States. Of the 43 counties considered to be peer counties to Jefferson County; Fulton County, Georgia was selected for this CHNA based on its' similar location in the southeastern section of the United States.

Illustration 2. Jefferson County, Alabama and comparison Fulton County, GA







Comparison Demographics Table 1. U.S. Census 2014 Population Estimates

	Jefferson County, Alabama	Fulton County, GA	
Population	660,793	977,773	
Density (per square mile)	593	1,748	
Poverty Level (% below)	19.5%	15.9%	
Age Distribution (Graph 18 and Graph 19)	Under 18 (23.1%) 19 to 64 (62.6%) 65 and older (14.3%)	Under 18 (23.2%) 19 to 64 (66.4%) 65 and older (10.4%)	
Race (Graph 20)	White 54.0% Black 42.9% Other 3.1%	White 46.7% Black 44.3% Other 9.0%	
Hispanic or Latino Origin (Graph 21)	3.8%	7.6%	
High School Graduates (Graph 22)	87.7%	90.7%	
Bachelor's Degree or Higher (Graph 23)	30.3%	48.1%	
Median Household Income (Graph 24)	\$45,239	\$56,642	





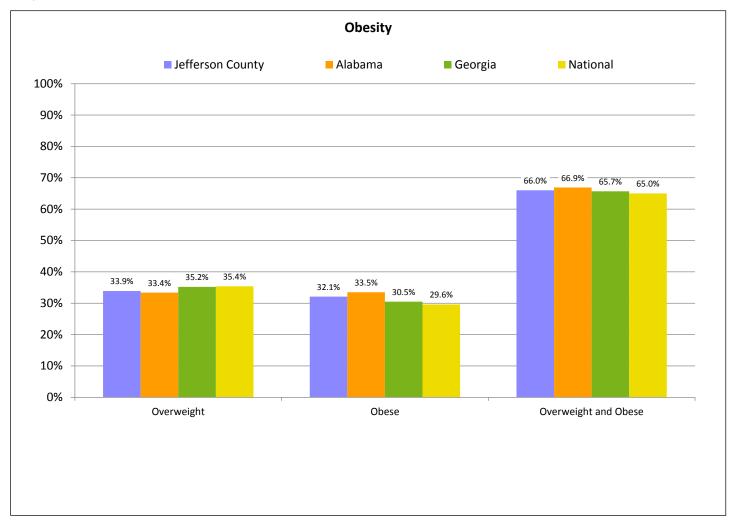
DATA AGGREGATION

Data from primary and secondary sources were analyzed. Secondary source data were aggregated at the smallest unit available - the county. Secondary data reports and other resources were carefully reviewed for this CHNA in order to provide points of comparison for the information and opinions gathered through the primary information collection process. Information from primary sources was obtained via electronic surveys, face-to-face surveys, and phone and in-person interviews.

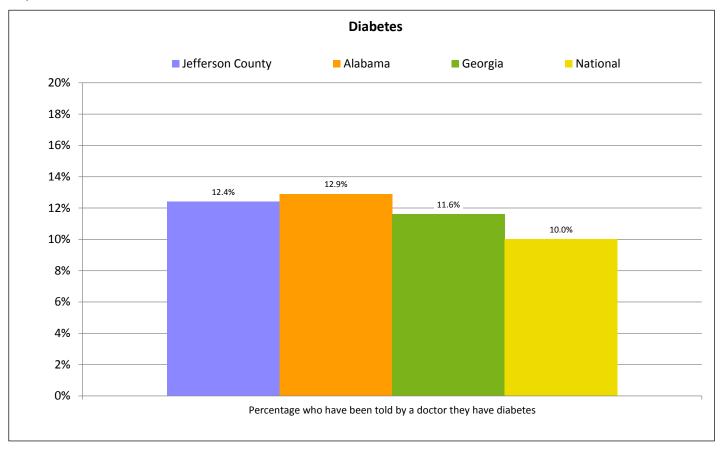
Behavioral Risk Factors

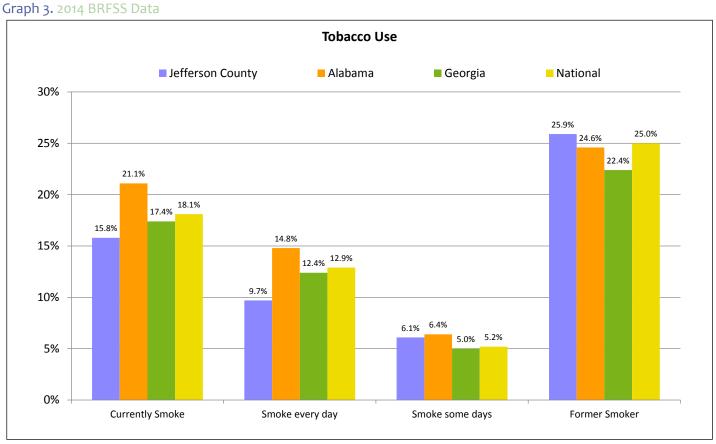
The Behavioral Risk Factor Surveillance System (BRFSS) is the world's largest, on-going telephone health survey system, tracking health conditions and risk behaviors in the United States yearly since 1984. Currently, data are collected monthly in all 50 states, the District of Columbia, Puerto Rico, the U.S. Virgin Islands, and Guam. It is a state-based system of health surveys that collects information on health risk behaviors, preventive health practices, and health care access primarily related to chronic disease and injury. For many states, the BRFSS is the only available source of timely, accurate data on health-related behaviors.

Graph 1. 2014 BRFSS Data

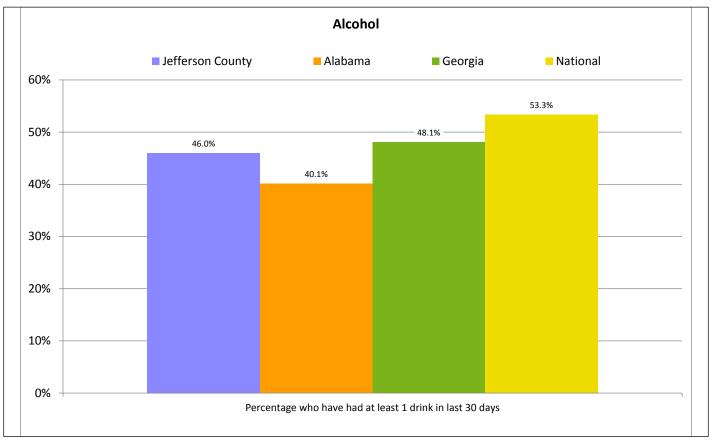


Graph 2. 2014 BRFSS Data

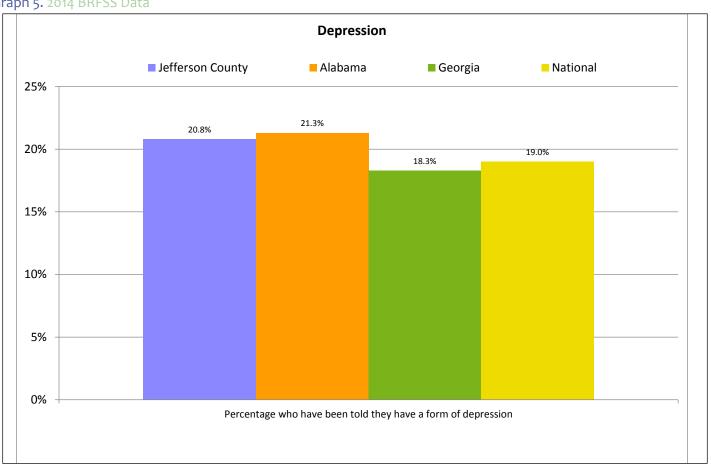




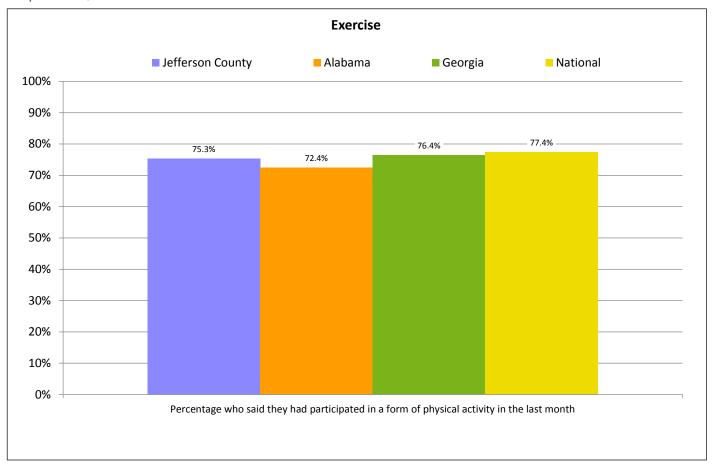
Graph 4. 2014 BRFSS Data



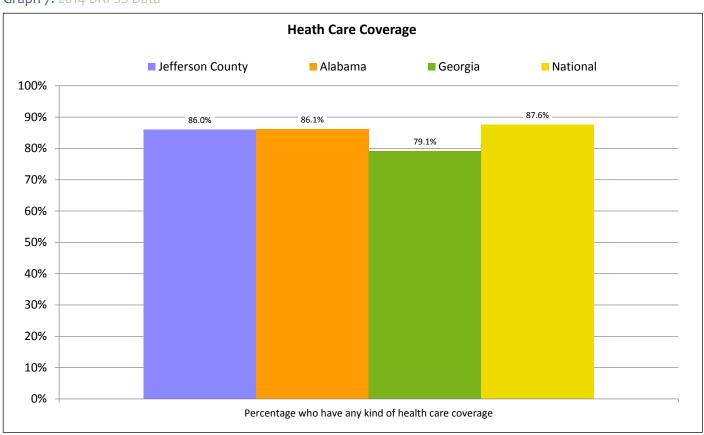
Graph 5. 2014 BRFSS Data



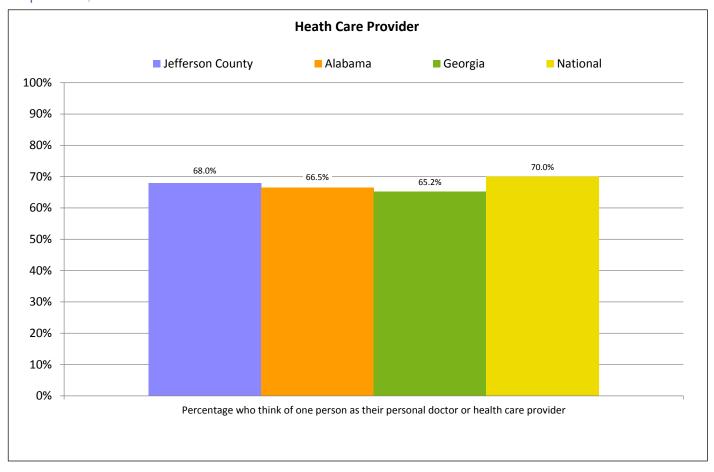
Graph 6. 2014 BRFSS Data

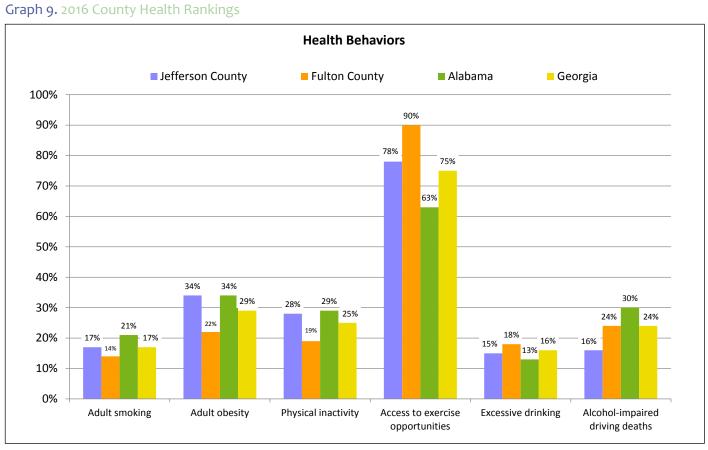


Graph 7. 2014 BRFSS Data

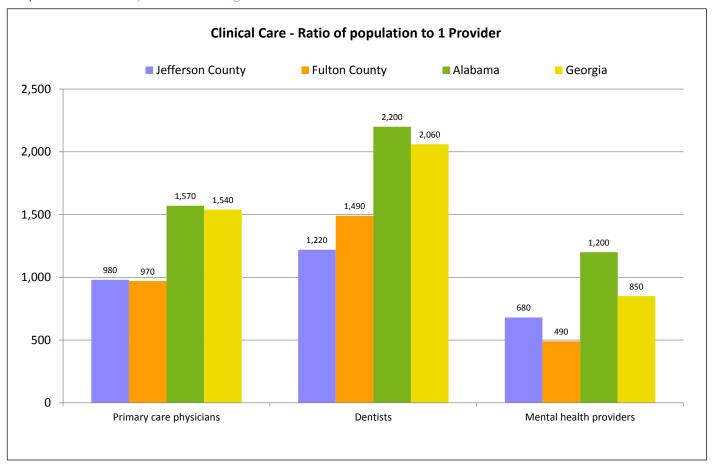


Graph 8. 2014 BRFSS Data

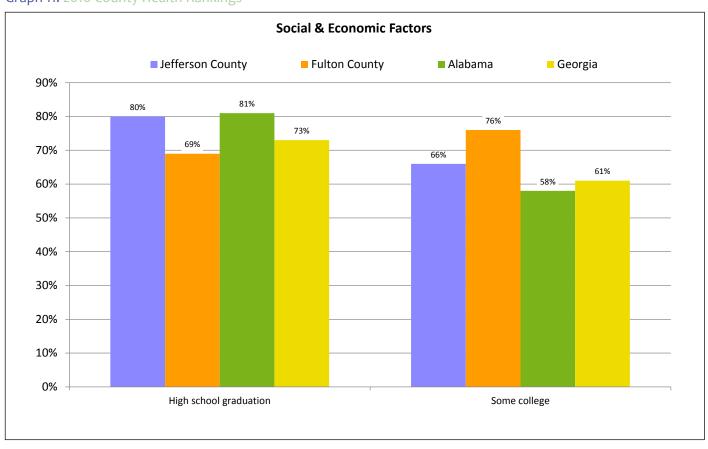




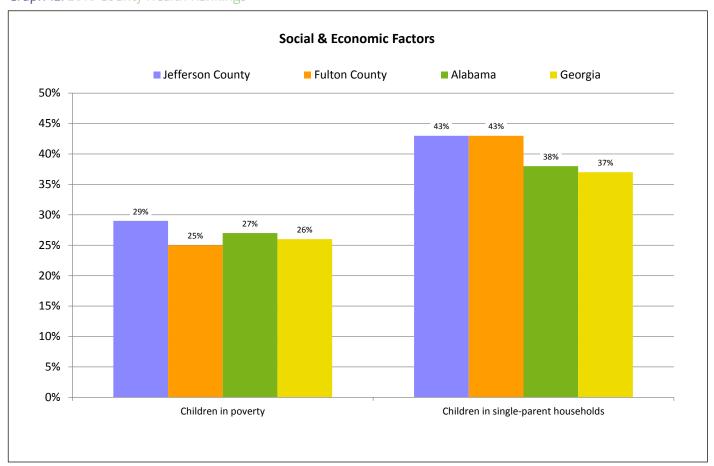
Graph 10. 2016 County Health Rankings



Graph 11. 2016 County Health Rankings



Graph 12. 2016 County Health Rankings





County Health Rankings

Secondary data available on Jefferson County and all counties in the nation are available at countyhealthranking.org. This annually updated site establishes a benchmark using Health Outcomes and Health Factors. The County Health Rankings are a key component of the Mobilizing Action Toward Community Health (MATCH) project. MATCH is the collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute. The rankings identify the multiple health factors that determine a county's health status. Each county receives a summary rank for its health outcomes and health factors - the four different types of health factors include: health behaviors, clinical care, social and economic factors, and the physical environment.

Table 2. County Health Rankings 2016

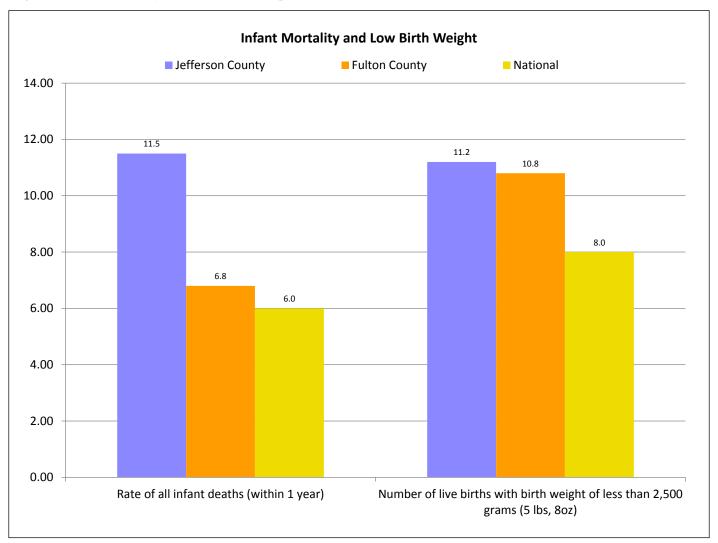
County Health Rankings Health Outcomes and Factors

	Jefferson	Fulton	Alabama	National
	County	County		Benchmark
Mortality				
Premature death	10,300	6,900	9,500	5,200
Health Behaviors				
Adult smoking	17%	14%	21%	14%
Adult obesity	34%	22%	34%	25%
Physical inactivity	28%	19%	29%	20%
Excessive drinking	15%	18%	13%	12%
Alcohol-impaired driving deaths	16%	24%	30%	14%
Sexually transmitted infections	801.5	451.6	556	134.1
Low birthweight	11%	11%	10%	6%
Teen birth rate	45	38	44	19
Clinical Care				
Uninsured	15%	21%	16%	11%
Primary care physicians	980:1	970:1	1,570:1	1,040:1
Preventable hospital stays	47	41	65	38
Diabetic screening	86%	85%	85%	90%
Mammography screening	66%	64%	63%	71%
Social & Economic Factors				
High School Graduation	80%	69%	81%	93%
Unemployment	6.3%	7.2%	6.8%	3.5%
Children in poverty	29%	25%	27%	13%
Children in single-parent households	43%	43%	38%	21%
Violent crime rate	717	856	418	59
Physical Environment				
Air pollution-particulate matter days	12.7	13.2	12.8	9.5
Severe housing problems	18%	21%	15%	9%
Food environment index	5.9	6.2	6.6	8.3
Access to exercise opportunities	78%	90%	63%	91%

Community Health Status Indicators

Community Health Status Indicators (CHSI) provide data on over 200 key health indicators for each of the 3,141 U.S. counties. The data are provided to assist community leaders and public health professionals as they identify, compare, and address the most pressing issues for their community.

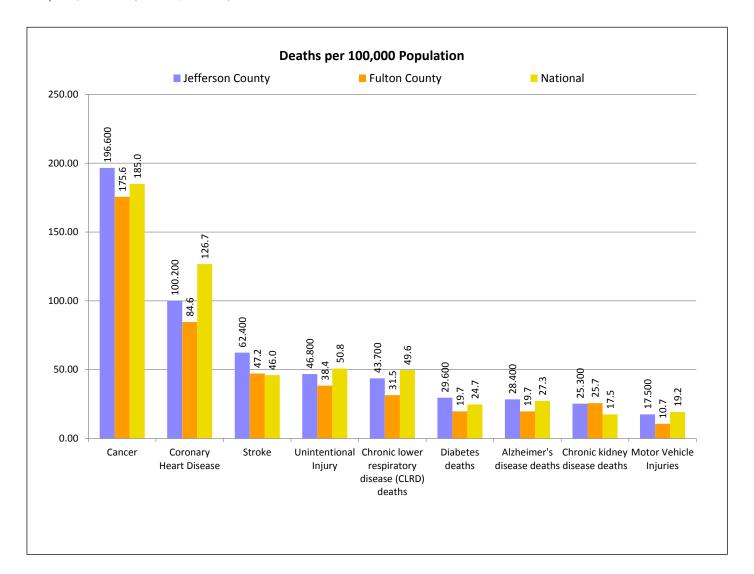
Graph 13. Infant Mortality and Low Birth Weight 2013







Graph 14. Deaths per 100,000 Population CHSI





Surveys/Interviews

In order to formulate a comprehensive list of the greatest health needs within the Medical West community, survey and interview questions were developed as previously described. Using the guidance provided in IRS Notice 2011-52 on Community Health Needs Assessments for tax-exempt hospitals, the CHNA team identified key informants. The list of key informants included health experts at the state and community levels and local civic leaders. These key informants were queried using a variety of techniques including electronic survey, and telephone and in-person interviews. Below is a list of the survey questions and the weighted responses:

Which are Most Pressing Health Access **Concerns in Your Community?** Diabetes (Interviews/Survey) Obesity/Nutrition Affordable healthcare Which are the Problems/Concerns in Your Community? Lack of exercise (Survey) Access to healthcare Obesity Increasing elderly population Economy Poor diet **Most Pressing Problems & Concerns In Your Community** Obesity/nutrition and weight loss (Survey) Diabetes Access Cancer Tobacco use Most Common Cause of Death in Your Community? Heart disease & stroke (Survey) Cancer Obesity Mental health Main Reason People Don't Seek Healthcare Cost in Your Community? Transportation (Interviews/Survey) Access Healthcare literacy Lack of providers What is the Hospital's Role in Addressing Needs? Education (Interviews/Survey) Make healthcare more affordable Coordination of care Transitional care programs More satellite centers

RESULTS

Summary of Findings

The CHNA Oversight Committee, consisting of representatives from mid and senior level management at the hospital and health care system, determined the greatest health care needs of the community. They were:

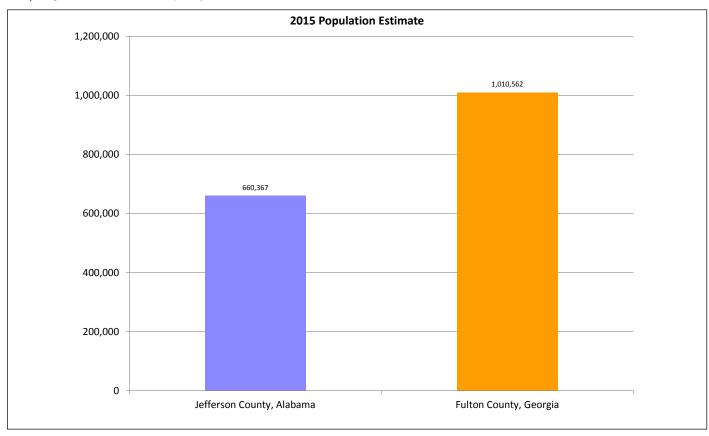
- 1. Diabetes Education
- 2. Obesity
- 3. Access

Identifying the needs of the community provides Medical West the opportunity and the knowledge to better align existing programs and to design future efforts to best meet the needs of their community.

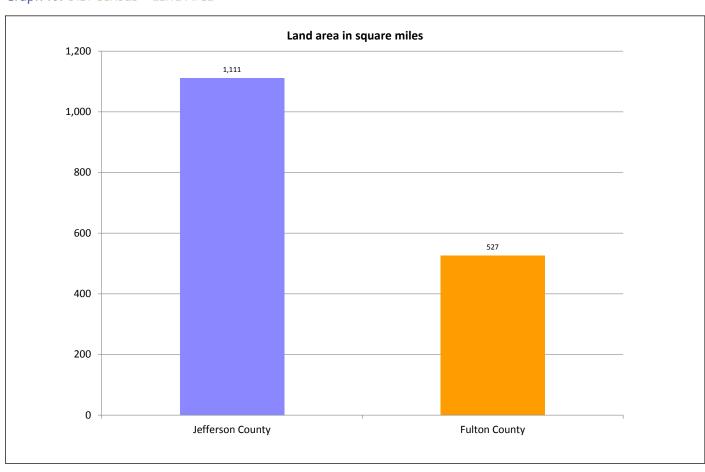




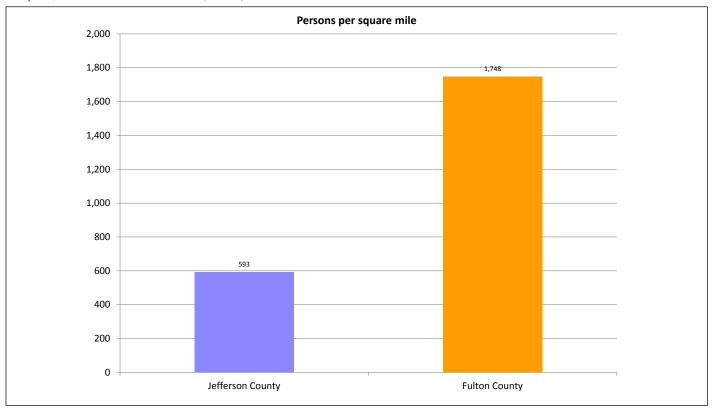
Graph 15. U.S. Census – 2015 Population Estimate



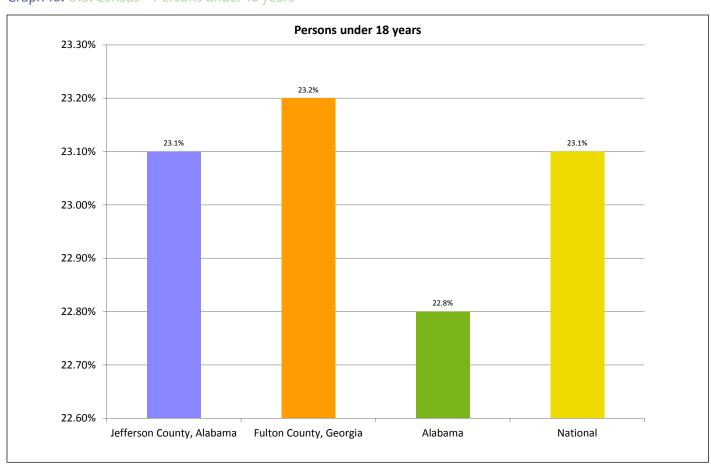
Graph 16. U.S. Census – Land Area



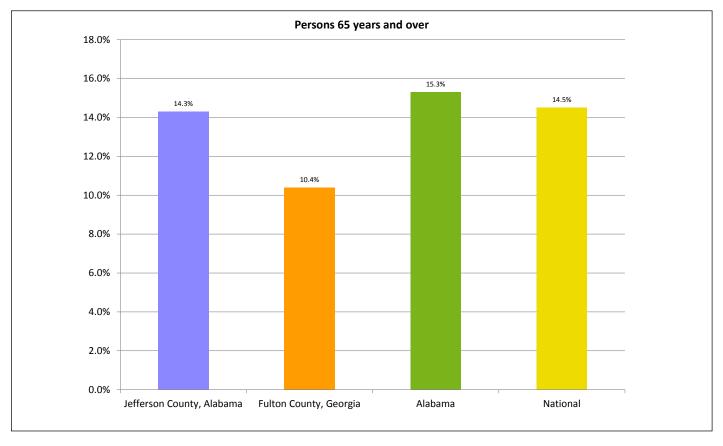
Graph 17. U.S. Census – Persons per Square Mile

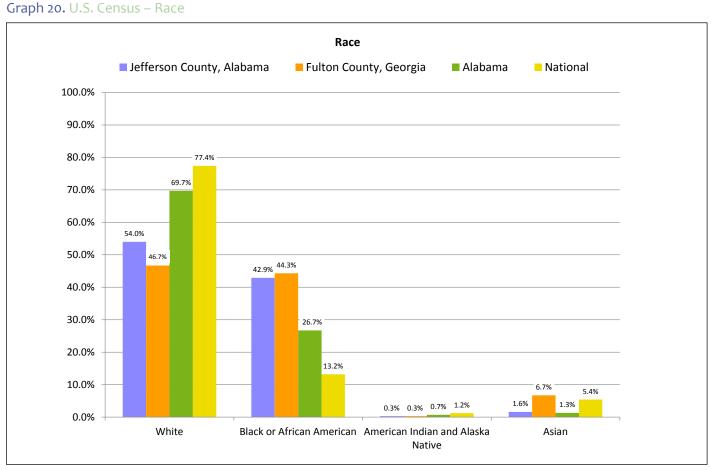


Graph 18. U.S. Census – Persons under 18 years

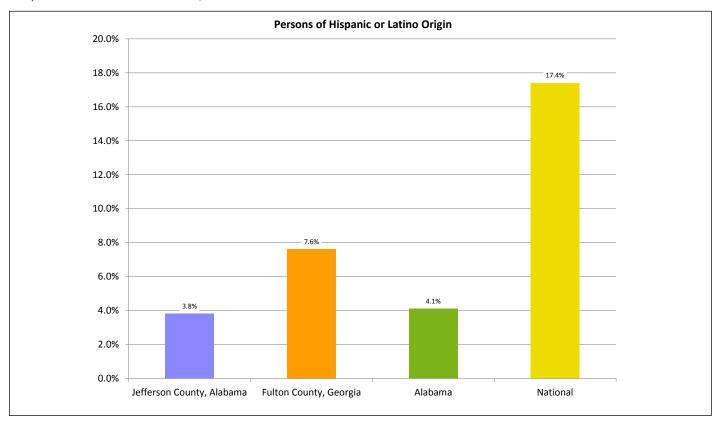


Graph 19. U.S. Census – Persons 65 years and over

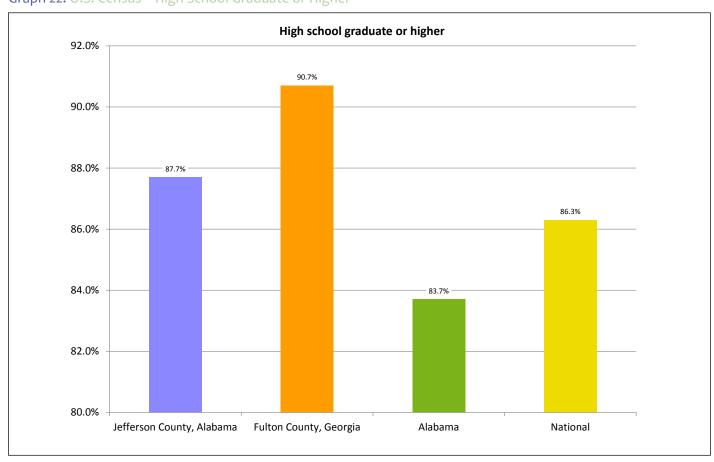




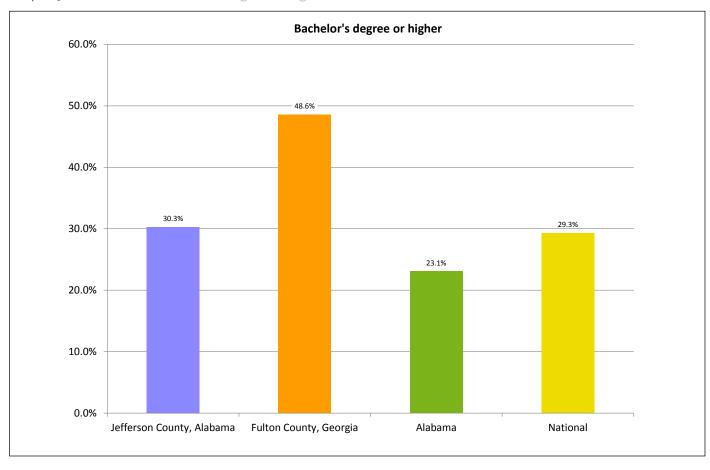
Graph21. U.S. Census – Ethnicity



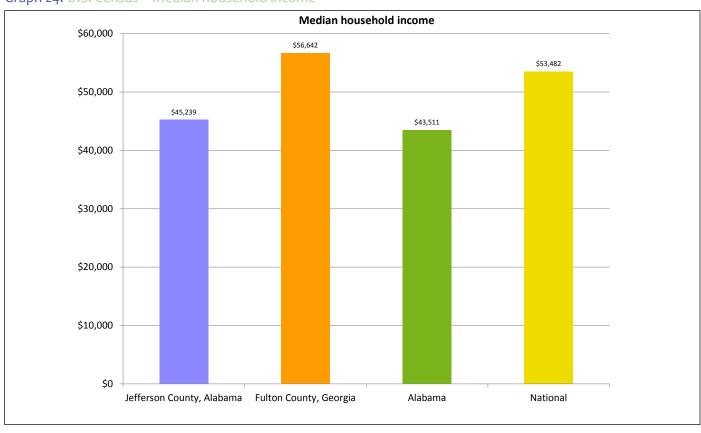
Graph 22. U.S. Census – High School Graduate or Higher



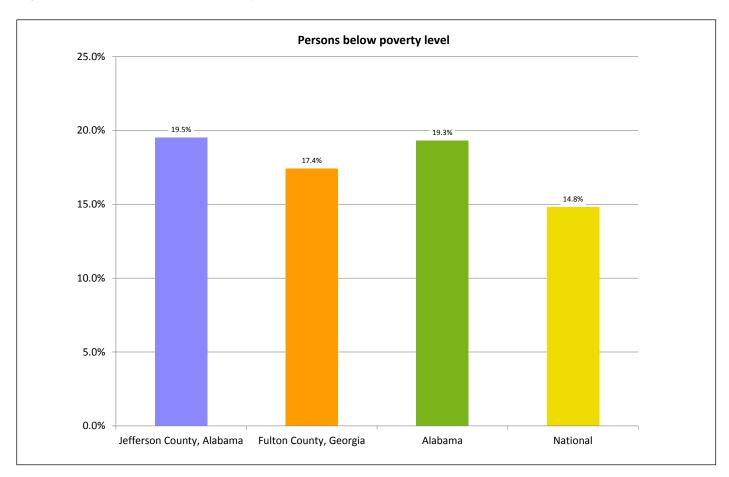
Graph 23. U.S. Census – Bachelor's degree or higher



Graph 24. U.S. Census – Median household income



Graph 25. U.S. Census – Persons below poverty level









Community Health Needs Assessment